



Natural disasters can happen at any time around the globe and can be different depending on where you live. To best prepare for when a disaster strikes it is important to have the right information about your unique needs. Completing a disaster risk assessment can help you understand the risks in the region you live in, your family's specific needs and how to make a plan.

This disaster risk assessment and planning worksheet is intended to be a starting point to build your understanding about disaster preparedness. This worksheet is, however, too brief to cover every factor, situation, or regional differences that might be of interest. To help you explore your interest further, we recommend you review FEMA's [Are You Ready? An In-depth Guide to Citizen Preparedness](#). Be sure to also review our [Tips for Natural Disaster Preparedness](#) guide for resources to make a plan and prepare for disaster.

Identify Possible Risks and Emergencies in Your Region

Natural hazards appear in many different forms. Knowing the risks in the area you live will help you make a more specific plan for you and your family. To evaluate your risk level for natural disasters of all kinds, complete the interactive PDF below or print out and complete with your family/household:

Types of Natural Hazards	Risk Level (None, Low, Moderate, or High)	How Can I Reduce My Risk?
Floods		
Hurricanes, Typhoons, Monsoons		
Thunderstorms and Lightening		
Tornadoes		
Winter Storms and Extreme Cold		
Extreme Heat		
Earthquakes		
Volcanoes		
Landslides and Debris Flow		
Tsunamis		
Fires and Wildfires		
Other		

Make a Plan

Your family may not be together if a natural disaster hits, so you should know how to contact one another in case of emergencies. Follow the steps below with your family/household members to build your plan:

1. Put together a plan by talking to your family or household about your emergency plan. Some questions to talk about:

Your family may not be together if a natural disaster hits, so you should know how to contact one another in case of emergencies. Follow the steps below with your family/household members to build your plan:

How will I get emergency alerts and warnings?

What is my shelter plan?

What is my evacuation route?

What is my family/household communication plan?

2. Take account of unique household needs – your emergency plan should include all members of the household and be specific to your daily living needs and responsibilities

As you plan, consider some of these factors:

- Ages of members in your household (infants, school-aged children, seniors)
- Responsibilities for assisting others
- Dietary needs
- Medical needs, including prescriptions and medical equipment
- Disabilities or access and functional needs including devices and equipment
- Copies of important financial, insurance, and medical records
- Languages spoken
- Cultural and religious considerations
- Pets or service animals

3. Fill out a Household Emergency Plan

COLLECT: Create paper copies of the contact information for your family and other important people/offices, such as medical facilities, doctors, schools, or service providers. In the following section, we have provided printable cards for you to fill out including all of the important information you'll need to collect for your emergency plan.

SHARE: Make copies of your Family Emergency Communication Plan for each member of the household to carry in his or her wallet, backpack, or purse. Post a copy in a central place at home. Regularly check to make sure your household members are carrying their plan with them.

PRACTICE: Bring your household together to practice your shelter, evacuation and family/household communications plan.

Additional planning guides for disaster preparedness:

- [Emergency Plan for Parents \(PDF\)](#)
- [Emergency Plan for Kids or \(PDF\)](#)

4. Practice your plan!

Make sure all family/household members know and understand the plan.

For more information contact Watermark@xylem.com.



Write your family's name above

Family Emergency Communication Plan

HOUSEHOLD INFORMATION

Home #:
Address:
Name: Mobile #:
Other # or social media: Email:
Important medical or other information:
Name: Mobile #:
Other # or social media: Email:
Important medical or other information:

Name: Mobile #:
Other # or social media: Email:
Important medical or other information:

Name: Mobile #:
Other # or social media: Email:
Important medical or other information:

SCHOOL, CHILDCARE, CAREGIVER, AND WORKPLACE EMERGENCY PLANS

Name:
Address:
Emergency/Hotline #: Website:
Emergency Plan/Pick-Up:

Name:
Address:
Emergency/Hotline #: Website:
Emergency Plan/Pick-Up:

Name:
Address:
Emergency/Hotline #: Website:
Emergency Plan/Pick-Up:

Name:
Address:
Emergency/Hotline #: Website:
Emergency Plan/Pick-Up:

IN CASE OF EMERGENCY (ICE) CONTACT

Name: Mobile #:
Home #: Email:
Address:

OUT-OF-TOWN CONTACT

Name: Mobile #:
Home #: Email:
Address:

EMERGENCY MEETING PLACES

Indoor:
Instructions:
Neighborhood:
Instructions:

Out-of-Neighborhood:
Address:
Instructions:
Out-of-Town:
Address:
Instructions:

IMPORTANT NUMBERS OR INFORMATION

Police: Dial 911 or #:
Fire: Dial 911 or #:
Poison Control: #:
Doctor: #:
Doctor: #:
Pediatrician: #:
Dentist: #:
Medical Insurance: #:
Policy #:
Medical Insurance: #:
Policy #:
Hospital/Clinic: #:

Pharmacy: #:
Homeowner/Rental Insurance: #:
Policy #:
Flood Insurance: #:
Policy #:
Veterinarian: #:
Kennel: #:
Electric Company: #:
Gas Company: #:
Water Company: #:
Alternate/Accessible Transportation: #:
Other:
Other:

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